2016 Sanford Obesity Symposium

March 18, 2016

Registration Fee: $75
Sanford Employee/Student Registration Fee: $25

Early Registration Deadline: March 7, 2016
A late fee of $15 will be charged for registrations postmarked after March 7.

Registration options:
❑ Pay by VISA/MasterCard:
  Go to SanfordHealth.org and search key phrase:
  "Fargo Obesity Symposium"
  (Sanford employees: Register on SanfordLearn, search cs-5621.)
❑ Pay by check:
  Complete the registration form below and mail with check.

Conference correspondence, including registration confirmation, will be sent via email upon registration. Please call the Center for Learning at (701) 417-4802 or (800) 437-4010 if you have special dietary needs (i.e. vegetarian, etc.).

Registration Form (for payment by check):

Name: ________________________________________________________
Position/Title: _______________________________________________
Organization: ________________________________________________
Credentials/Certification: ______________________________________
Address: _____________________________________________________
City: ___________________ State: ________ Zip Code: _____________
Telephone: (      ) ________________________________
E-mail: ________________________________________________________

Send registration form and check (made payable to Sanford) to:
Sanford Center for Learning, Rt. 1511
PO Box 2010
Fargo, ND  58122-1511

Questions or more information? Call Sanford Center for Learning at (701) 417-4802 or (800) 437-4010. Please share extra brochures with your colleagues.
Sanford Obesity Symposium

The purpose of this symposium is to enhance the knowledge and competence of participants by providing an update on the latest research associated with the prevention, treatment, and management of obesity. The target audience includes primary care physicians, pediatricians, specialty care providers, advanced practice providers, licensed registered dietitians, nurses, and other interested health care professionals.

Learning Objectives

Upon completion of this program, participants should be able to:
- Explore current obesity prevention and treatment guidelines for adults and children.
- Discuss advances and considerations related to bariatric and post-bariatric surgery.

Faculty

Miriam Vos, MD, MSPH
Assistant Professor of Pediatrics, Emory University School of Medicine Pediatrics, Children's Healthcare of Atlanta, GA

James E. Mitchell, MD
Research Scientist, Neuropsychiatric Research Institute, Fargo

Linda Bartholomay, RD, LRD
Diabetes Center Manager, Sanford Southpointe Clinic

Melanie Carvell, PT
Director of Women's Fitness Center, Sanford Bismarck Medical Center

Jon Ulven, PhD, LP
Psychologist, Sanford Moorhead 8th Street

Vishnu Parvathareddy, MD
Internal Medicine, Sanford Southpointe Clinic

Luis Garcia, MD, FACS, MBA
Surgeon/Chair Bariatric Surgery, Sanford Broadway Clinic

Kim Lipetzky, MNS, RD
Public Health Nutritionist, Fargo Cass Public Health

Julie Hallanger-Johnson, MD
Endocrinologist, Sanford Diabetes Center

Planning Committee

James E. Mitchell, MD, Co-Chair
Linda Bartholomay, MD, LRD, Co-Chair
Luis Garcia, MD, FACS, MBA
Vishnu Parvathareddy, MD
Carrie McLeod, MBA, MS, RD, LRD, CDE

Program Agenda

7:15-7:50 a.m.
Registration & Continenental Breakfast

Welcome & Introductions

Effective Approaches for Treating Obesity
Miriam Vos, MD, MSPH

Binge Eating Disorder, Night Eating Syndrome and Other Obesity-Related Eating Problems
James E. Mitchell, MD

10:15-10:35 a.m.
Break & Exercise

Lower Carbohydrate Nutrition
Linda Bartholomay, RD, LRD

11:05-11:50 a.m.
Please (Don't) Take a Seat
Melanie Carvell, PT

Lunch

12:45-1:15 p.m.
Addressing Obesity in Primary Care
Jon Ulven, PhD, LP

1:15-2 p.m.
A Multidisciplinary Approach to the Management of Obesity
Vishnu Parvathareddy, MD

Break

2:20 p.m.
Emerging Technology in Bariatric Surgery
Luis Garcia, MD, FACS, MBA

3:30-4:30 p.m.
Panel: Community Resources to Address Obesity
Kim Lipetzky, MNS, RD

Medications Used for Obesity Management - New Developments
Vishnu Parvathareddy, MD

Reactive Hypoglycemia Post-Bariatric Surgery
Julie Hallanger-Johnson, MD

4:30 p.m.
Adjournment

For your comfort, we recommend dressing in layers as it is difficult to control the room temperature in conference facilities.

Participants with disabilities who require assistive devices and accessible meeting rooms in order to attend this educational activity may call Sanford Center for Learning at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655.

Registration

Pre-registration is required. The early registration deadline is March 7. A late fee of $15 will be charged for registrations postmarked after March 7. Online registration closes March 16. To register on or after March 16, call Sanford Center for Learning at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655 or email LearningServices@sanfordhealth.org

Cancellation information: The fee, less $20, will be refunded if you choose to cancel on or before March 15. No refunds will be given after March 15. To cancel, call Sanford Center for Learning at (701) 417-4802, (800) 437-4010 or TDD (701) 234-6655 or email LearningServices@sanfordhealth.org

Continuing Education Credit/Contact Hours

Sanford Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Sanford Health designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sanford Health Center for Learning is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

7.16 contact hours

An application for pre-approval has been sent to the commission on Dietetic Registration.

Sanford Health (BOC AP#: P2211) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 7.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Accommodations

A block of rooms have been reserved at the Holiday Inn. Room reservations must be received by February 16. Reservations can be made by calling (877) 282-2700. Visit www.fargohi.com for more information.